

Sugar Free

Effervescent

# Laxadil-Senna

Psyllium & Senna extract

Natural Laxative

## Composition:

Each spoonful (5.38gm) of Laxadil-Senna effervescent powder contains Psyllium Husk 3.5gm and standardized Senna extract equivalent to Sennoside B 7.5mg as active ingredients.

## Description:

This powder has documented laxative effect for Psyllium or Ispaghula husk powder (*Plantago ovata*) and standardized Senna extract (*Cassia angustifolia*). When one spoonful of powder is mixed with water it forms an orange colored and flavored drink.

Psyllium (bulk-forming laxative) contains mucilage and Senna extract (stimulant laxative) contains hydroxyanthracene glycosides (as Sennoside B) that helps to relieve constipation and normalizes bowel action. The additive effect of powder is ensured for its combination partners. This special combination preparation accelerates intestinal passage and increases water absorption to increase filling pressure. It helps to reduce pain by easy bowel evacuation with soft stool for patients who are suffering from haemorrhoids (piles), rectal surgery and colon cancer. It has soothing effects on gastric and intestinal mucosa, gastric irritation and ulceration. It helps to maintain serum cholesterol and blood glucose level.

## What are the unique features of Laxadil-Senna?

Laxadil Senna effervescent powder is made from small particles of Psyllium husk powered by Sennoside B that ensures high swelling capacity to increase stool mass. The main features of Laxadil-Senna are sugar free, orange flavored drink, gluten free (can be taken by celiac disease patient).

## Indication:

It is used to treat Constipation, Hemorrhoids or piles, Bowel regulation for bed ridden patients.

## Dosage & Administration

**Adults & Children over 12 years old:** 1-2 spoonful at night with at least 150ml water or 2/3 of the glass. Intake of additional water will be helpful. This powder can be taken with fruit juice, milk & warm drink. This powder should not be taken until ½ to 1 hour after intake of other medications. Continuous use for more than 2 weeks requires medical supervision. Or, as directed by the registered physician.

## Side effects:

Occasionally allergic reaction may occur. Chronic use may cause loss of electrolytes (Potassium) that will reverse upon discontinuation.

## Contraindications:

Contraindicated for patients with pathological narrowing in gastrointestinal tract, intestinal obstructions, difficult-to-control diabetes mellitus, acutely inflamed intestinal diseases, e.g. Crohn's disease, ulcerative colitis, appendicitis and abdominal pain of unknown origin. Contraindicated for children under 12 years old.

## Precautions:

There is no data available.

## Use in pregnancy and lactation

Recommended but special precaution should be taken during first trimester of pregnancy.

## Drug Interaction:

Chronic use may cause potassium deficiency which may increase the effectiveness of cardiac glycosides and may influence the action of antiarrhythmic drugs. Potassium deficiency can be increased by simultaneous application of thiazide diuretics, corticoadrenal steroids. A reduction of dose of insulin may be necessary for insulin dependent diabetic patients. The absorption of concurrently administered drugs can be delayed.

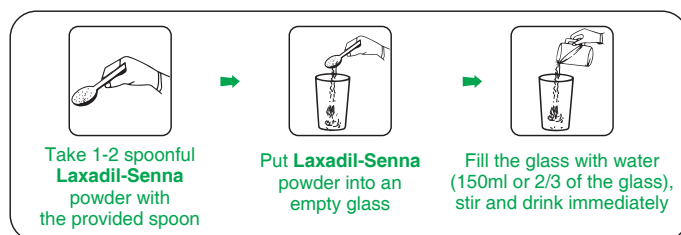
## Storage:

Keep out of reach of children. Store in a cool & dry place.

## Packing:

Each box contains 100 gm formulated effervescent powder of Psyllium husk with Senna extract in a plastic container with a dose measuring spoon.

## Direction:



Drink immediately after preparation

